

បន្ទីរ



Banteay Srei

Empowering Young Southeast Asian Women

Banteay Srei (bahn-tea-ay-suh-ray) is dedicated to providing the tools and support necessary for young Southeast Asian women and girls to empower themselves. Based in Oakland, we are an organization that works with young women and girls ages 14-19, that are at-risk or are being sexually exploited. Banteay Srei believes that every person is entitled to living a free, happy and healthy life that is full of options. Through our programs and events that promote leadership development, cultural awareness and self-empowerment, we are working towards creating a generation of fierce, self-confident and independent young Southeast Asian women.

Banteay Srei is looking for young Southeast Asian women who are between the ages of 14-19 (exceptions can be made for individuals who do not fit into this age bracket but would like to participate) to join as members. Banteay Srei offers programs and fun group activities that foster positive self-growth, cultural awareness and community. All programs are free of charge to registered members.

If you are interested in becoming a member, please fill out an application and send or email to:

Elizabeth Sy
c/o East Bay Asian Youth Center
2025 E. 12th St, Oakland, 94606
banteaysrei@gmail.com
510.459.7883

Name: _____

Home Phone: _____

Cell Phone: _____

Age: _____

Birthdate: _____

Email: _____

Ethnicity(ies): _____

Language(s) Spoken: _____

Are you currently enrolled in school? If yes, where? _____

Thanks for your interest in becoming a Banteay Srei member! We want to know more about you!

1. How did you hear about Banteay Srei?

2. Why would you like to be a part of Banteay Srei?

3. What positive quality would you like to contribute to Banteay Srei?

4. Please check the program(s) that you are interested in.

☐ **SREI (Self Reliant and Empowered Individual)--Tuesdays and Thursdays from 4-6, this program is offered every other month for 4 weeks at a time and varies on topics. SREI is a space to learn, ask questions and share your knowledge about: sex, women's health issues, overcoming violence, healthy and unhealthy relationships, communication and self empowerment.**

☐ **SAUCE (Southeast Asian Unity through Cultural Exploration)--Banteay Srei's traditional Southeast Asian Cooking class, we meet once a month at SOL. Each month we have a guest cook that teaches us how to make delicious dishes from scratch. SAUCE participants will go on garden and farm tours, harvest fruits and vegetables, and learn about sustainable and local foods.**

☐ **HOLGA (Hopes, Obstacles, Love, Gratitude, And...) For six weeks, Banteay Srei members can participate in a story telling and photo documentary project. Members are checked out holga cameras and given 120 film to photograph with. You'll learn how to use your camera, load in film, and tell a story through photography. At the end of the project, there will be a gallery show to exhibit your amazing work!**

☐ **GO! (Girls Outside) is Banteay Srei's outdoor summer program that focuses on leadership development and team work. Each year's summer activity is different, in the past we've gone backpacking, horseback riding, rock climbing, hiking and camping.**

☐ **BONG SREI (means 'Older Sister' in Cambodian) Banteay Srei's programs are supported and facilitated by past Banteay Srei participants. Bong Srei's are given stipends for their commitment to organizing, recruiting and running Banteay Srei programs. In addition, Bong Srei's are taken on weekend retreats twice a year to train and plan for upcoming program activities and also to debrief and evaluate programs. If you have participated in Banteay Srei programs and are interested in becoming a Bong Srei, please let us know!**

**Thanks for your interest in Banteay Srei. Please email your application to: banteaysrei@gmail.com
or send it to:**

**EBAYC
c/o Elizabeth Sy
2025 E. 12th St
Oakland, CA 94606**